#### 907 KAR 3:100 Material Incorporated by Reference

Acquired Brain Injury Services and Reimbursement Program Manual (September 2002 edition)

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# KENTUCKY MEDICAID PROGRAM ACQUIRED BRAIN INJURY SERVICES AND REIMBURSEMENT PROGRAM MANUAL

Cabinet for Health Services Department for Medicaid Services Frankfort, Kentucky 40621

#### ACQUIRED BRAIN INJURY SERVICES AND REIMBURSEMENT PROGRAM MANUAL

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#### **SECTION I - INTRODUCTION**

#### I. INTRODUCTION

#### A. Introduction

The Kentucky Medicaid Program Acquired Brain Injury Services and Reimbursement Manual provides Medicaid providers with a tool to be used when providing services to qualified Medicaid recipients in the Acquired Brain Injury Waiver program.

This manual shall provide basic information concerning coverage, policy and reimbursement. It shall assist providers in understanding what procedures are reimbursable. Precise adherence to policy shall be imperative.

#### B. Fiscal Agent

The Department for Medicaid Services contracts with a fiscal agent for the operation of the Kentucky Medicaid Management Information System (MMIS). The fiscal agent receives and processes all claims for medical services provided to Kentucky Medicaid recipients.

#### C. General Information

The Department for Medicaid Services shall be bound by both Federal and State statutes and regulations governing the administration of the State Plan. The state shall not be reimbursed by the federal government for monies improperly paid to providers for non-covered unallowable medical services. Therefore, Kentucky Medicaid may request a return of any monies improperly paid to providers for non-covered services.

The Kentucky Medicaid Program serves eligible recipients of all ages. Kentucky Medicaid coverage and limitations of covered health care services specific to the Acquired Brain Injury Waiver Program shall be specified in this manual.

#### SECTION II - COMMONWEALTH OF KENTUCKY MEDICAID PROGRAM

#### II. COMMONWEALTH OF KENTUCKY MEDICAID PROGRAM

#### A. Policy

The basic objective of the Kentucky Medicaid Program shall be to ensure the availability and accessibility of quality medical care to eligible program recipients.

The Medicaid Program shall be the payor of last resort. If the patient has an insurance policy, veteran's coverage, or other third party coverage of medical expenses, that party shall be primarily liable for the patient's medical expenses. Accordingly, the provider of service shall seek reimbursement from the third party groups for medical services provided prior to billing Medicaid. If a provider receives payment from a recipient, payment shall not be made by Medicaid. If a payment is made by a third party, Medicaid shall not be responsible for any further payment above the Medicaid maximum allowable payment.

In addition to statutory and regulatory provisions, several specific policies have been established through the assistance of professional advisory committees. Principally, some of these policies are as follows:

All participating providers shall agree to provide medical treatment according to standard medical practice accepted by their professional organization and to provide Medicaid-covered services in compliance with federal and state statutes regardless of age, color, creed, disability, ethnicity, gender, marital status, national origin, race, religion, or sexual orientation.

Providers shall comply with the Americans with Disabilities Act and any amendments, rules and regulations of this act.

Each eligible medical professional shall be given the choice of whether or not to participate in the Kentucky Medicaid Program in accordance with 907 KAR 1:672. From those professionals who have chosen to participate, recipients may select the provider from whom they wish to receive their medical care.

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#### SECTION II - COMMONWEALTH OF KENTUCKY MEDICAID PROGRAM

If the Department makes payment for a covered service and the provider accepts this payment in accordance with the Department's fee structure, the amounts paid shall be considered payment in full; a bill for the same service shall not be tendered to the recipient, and a payment for the same service shall not be accepted from the recipient. The provider may bill the recipient for services not covered by Kentucky Medicaid.

Providers of medical service or authorized representatives attest by their signatures, that the presented claims are valid and in good faith. Fraudulent claims shall be punishable by fine, imprisonment or both. Facsimiles, stamped or computer generated signatures shall not be acceptable.

The patient's Kentucky Medical Assistance Identification Card should be carefully checked to see that the patient's name appears on the card and that the card is valid for the period of time in which the services are to be rendered. If there is any doubt about the identity of the patient, you may request a second form of identification. A provider can not be paid for services rendered to an ineligible person. Failure to validate the identity of a Medicaid recipient prior to a service being rendered may result in a provider being out of compliance with KAR 1:671. Any claims paid by the Department for Medicaid Services on behalf of an ineligible person may be recouped from the provider.

The provider's adherence to the application of policies in this manual shall be monitored through either on-site audits, postpayment review of claims by the Department, computer audits or edits of claims. When computer audits or edits fail to function properly, the application of policies in this manual shall remain in effect. Therefore, claims shall be subject to postpayment review by the Department.

All providers shall be subject to rules, laws, and regulations issued by appropriate levels of federal and state legislative, judiciary and administrative branches.

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All services provided to eligible Medicaid recipients shall be on a level of care that is equal to that extended private patients, and on a level normally expected of a person serving the public in a professional capacity.

All recipients shall be entitled to the same level of confidentiality afforded persons NOT eligible for Medicaid benefits.

Claims shall not be allowed for services outside the scope of allowable benefits within a particular program specialty. Likewise, claims shall not be paid for services that required and were not granted prior authorization by the Kentucky Medicaid Program. In addition, providers are subject to provisions in 907 KAR 1:671, 907 KAR 1:672, and 907 KAR 1:673.

Claims shall not be paid for medically unnecessary items, services, or supplies. The recipient may be billed for non-covered items and services. Providers shall notify recipients in advance of their liability for the charges for non-medically necessary and non-covered services.

If a recipient makes payment for a covered service, and that payment is accepted by the provider as either partial payment or payment in full for that service, responsibility for reimbursement shall not be attached to the Department and a bill for the same service shall not be paid by the Department. However, a recipient with spenddown coverage may be responsible for a portion of the medical expenses they have incurred.

#### B. Appeal Process for Refund Requests

Inappropriate overpayments to providers that are identified in the postpayment review of claims shall result in a refund request.

If a refund request occurs subsequent to a postpayment review by the Department for Medicaid Services or its agent, the provider may submit a refund to the Kentucky State Treasurer or appeal the Medicaid request for refund in writing by providing clarification and documentation that may alter the agency findings. This information relating to clarification shall be sent to:

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## DIVISION OF LONG TERM CARE DEPARTMENT FOR MEDICAID SERVICES CABINET FOR HEALTH SERVICES 275 EAST MAIN STREET FRANKFORT KY 40621

If no response (refund or appeal) has been filed with Medicaid by the provider within thirty (30) days of the refund request, assent to the findings shall be assumed. If a refund check or request for a payment plan is not received within sixty (60) days, Medicaid shall deduct the refund amount from future payments.

#### C. Timely Submission of Claims

According to federal regulations, claims shall be billed to Medicaid within twelve (12) months of the date of service or six (6) months from the adjudication date of the Medicare payment date or other Federal regulations define "Timely submission of insurance. claims" as received by Medicaid "no later than twelve (12) months from the date of service." Received is defined in 42 CFR 447.45(d)(5) as follows, "The date of receipt is the date the agency receives the claim, as indicated by its date stamp on the claim." To consider those claims twelve (12) months past the service date for processing, the provider shall attach documentation showing RECEIPT by Medicaid, the fiscal agent and documentation showing subsequent billing efforts. Claim copies alone shall not be acceptable documentation of timely billing. Claims shall not be considered for payment if more than twelve (12) months have elapsed between EACH RECEIPT of the aged claim by the program.

Claims should be submitted to:

Unisys Corporation
P.O. Box 2100
Provider Services
Frankfort, KY 40602-2100
1-877-838-5085 – Provider Enrollment

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#### 1-800-807-1232 - Provider Assistance

#### D. Kentucky Patient Access and Care System (KenPAC)

KenPAC is a statewide patient care system which provides Medicaid recipients with a primary care provider. The primary care provider shall be responsible for providing or arranging for the recipient's primary care and for referral of other medical services. KenPAC recipients shall be identified by a green Medical Assistance Identification (MAID) card.

#### E. Lock-In Program

The Department shall monitor and review utilization patterns of Medicaid recipients to ensure that benefits received are at an appropriate frequency and are medically necessary given the condition presented by the recipient. The Department shall investigate all complaints concerning recipients who are believed to be over-utilizing the Medicaid Program.

The Department shall assign one (1) physician to serve as a case manager and one (1) pharmacy. The recipient shall be required to utilize only the services of these providers, except in cases of emergency services and appropriate referrals by the case manager. In addition, provider and recipients shall comply with the provisions set forth in 907 KAR 1:677, Medicaid Recipient Lock-In.

Providers who are not designated as lock-in case managers or pharmacies shall not receive payment for services provided to a recipient assigned to the lock-in program, unless the case manager has pre-approved a referral or for emergency services. Recipients assigned to the lock-in program shall have a pink MAID card and the name of the case manager and pharmacy shall appear on the face of the card.

### F. Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Program

Under the EPSDT program, Medicaid eligible children, from birth through the end of the child's birth month of his twenty-first (21)

#### SECTION II - COMMONWEALTH OF KENTUCKY MEDICAID PROGRAM

year, may receive preventative, diagnostic and treatment services by participating providers. The goal of the program is to provide quality preventative health care by performing screenings at specified time intervals according to age (termed a periodicity schedule) to identify potential physical and mental health problems. These screenings shall include a history and physical examination, developmental assessment. laboratory immunizations, health education and other tests or procedures medically necessary to determine potential problems. Another goal of the program is to reimburse for medically necessary services and treatments, even if the service or treatment is not normally covered by Kentucky Medicaid. However, the service or treatment must be listed in 42 USC Section 1396d(a) which defines what services can be covered by state Medicaid programs. information regarding the EPSDT program can be obtained by calling the EPSDT program within the Department for Medicaid Services.

#### G. Kentucky Health Care Partnership Program

In accordance with 907 KAR 1:705, the Department implemented, within the Medicaid Program, a capitation managed care system for physical health services for persons residing in Region 3 (Shelby, Spencer, Trimble, Wayne, Marion, Meade, Nelson, Oldham, Hardin, Henry, Jefferson, LaRue, Breckinridge, Bullitt, Carroll, and Grayson counties).

Medicaid recipients receiving waiver services, as well as nursing facility and long term care services are exempt from participation in a capitation managed care system. These recipients receive services through the traditional Medicaid program.

#### H. EMPOWER Kentucky Transportation Initiative

In accordance with 907 KAR 3:066, the Department shall implement, within the Medicaid Program, as an EMPOWER Kentucky Initiative, a capitation non-emergency medical transportation delivery system excluding ambulatory stretcher services. The Department has entered into a contract with the Transportation Cabinet, along with three other Cabinets, to

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implement this program incrementally statewide beginning in June 1998. This new system is designed to extend service to areas of the state currently under-served, provide transportation alternatives to more people, encourage efficiency and discourage fraud and abuse.

#### ACQUIRED BRAIN INJURY SERVICES AND REIMBURSEMENT PROGRAM MANUAL

### SECTION III - OVERVIEW OF THE ACQUIRED BRAIN INJURY (ABI) WAIVER PROGRAM

#### III. OVERVIEW OF THE ACQUIRED BRAIN INJURY (ABI) WAIVER PROGRAM

#### A. Waiver Requested

The Department for Medicaid Services requested that the Secretary of the United State Department of Health and Human Services (HHS) exercise his authority under Section 1915 (c) of the Social Security Act to grant a waiver of certain federal requirements that would permit Medicaid coverage under the State Plan for a broad array of home-and community-based services for persons with a primary diagnosis of acquired brain injury. A Medicaid eligible recipient with an acquired brain injury who qualifies for nursing facility level of care may receive the following home- and community-based services if stipulated in his individualized plan of care:

- 1. Case management.
- 2. Personal care services.
- 3. Respite care services.
- 4. Companion services.
- 5. Structured day program services.
- 6. Supported employment services.
- 7. Behavior programming.
- 8. Counseling.
- 9. Occupational therapy, Speech, Hearing, Language services.
- ·10. Specialized medical equipment and supplies.

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- 11. Environmental modifications.
- 12. Community residential services.

#### B. Program Goal

The goal of the Acquired Brain Injury (ABI) Waiver Program is to rehabilitate and reintegrate individuals with an acquired brain injury into the community with the availability of existing community resources when discharged from the ABI Waiver Program.

#### C. Definition of Acquired Brain Injury

Acquired brain injury is an injury with structural, non-degenerative brain damage. This injury is one that is not hereditary, congenital or degenerative, and it is an injury that occurs after birth.

This injury results in damage to an area of the brain that may diminish or alter the individual's state of consciousness which results in an impairment of cognitive abilities and physical functioning. It can also result in a disturbance in the individual's behavioral and emotional functioning. These impairments may be temporary or permanent, and cause various degrees of functional disability or maladjustment.

An acquired brain injury is not a disease process that results in deterioration of the brain and its function.

#### D. Acquired Brain Injury Program Objective

The objective of the ABI Waiver Program is to prepare and to assist individuals with an acquired brain injury, who have a potential for rehabilitation and reintegration into the community, and who can live in the community with the assistance of needed resources available in the community.

#### E. Acquired Brain Injury (ABI) Waiver Services Availability

The ABI Waiver Program is a statewide program. Any provider agency that meets all applicable Medicaid requirements and is

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Medicaid certified may participate in the ABI Waiver Program.

#### F. Individual's Freedom of Choice

An individual eligible to receive acquired brain injury waiver services and his legal representative shall be given a choice to:

- (1) Receive home- and community-based services or nursing facility services; and
- (2) Select participating ABI waiver providers from whom he wishes to receive services.

#### G. Acquired Brain Injury (ABI) Waiver Target Population

#### 1. Definition of Individuals to be Served

Eligibility for ABI waiver services shall be considered only for individuals with an acquired brain injury who are currently receiving inpatient services in a nursing facility or a nursing facility/brain injury (NF/BI) program, or who are in the community and have potential for inpatient services in a nursing facility or nursing facility/brain injury (NF/BI) program. These individuals' care needs shall be within the scope of Medicaid level of care criteria for nursing facility benefits as determined by the Medicaid Program's designated Peer Review Organization (PRO). In addition, these individuals shall meet the eligibility requirements for ABI waiver services.

The level of care provided in a NF and covered under the Medicaid Program is defined in 42 CFR 440.40 and 440.150. Recipients and potential recipients shall be advised of the availability of the Acquired Brain Injury Waiver Program services option. Medicaid eligible individuals with an acquired brain injury, who are currently residing in a nursing facility and continue to meet the nursing facility level of care criteria, may receive ABI waiver services upon discharge from the facility if the services are required in order for them to re-enter the community.

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The population to be served are individuals twenty-one (21) to sixty-five (65) years of age with cognitive, behavioral or physical impairments which necessitate supervised and supportive services. An individual who sustained his injury prior to age 21 may be eligible for ABI waiver services. Excluding congenital injuries, there is no restriction with regard to the age of the individual at the time of the injury.

The State will refuse to offer acquired brain injury waiver services to any individual for whom it can reasonably be expected that the cost of the acquired brain injury services furnished to that individual would exceed the cost of providing the required services in the appropriate institutional level of care. The cost-effective evaluation takes into consideration all Medicaid covered services required by the individual.

An individual, while an inpatient of a hospital, nursing facility or an intermediate care facility for persons with mental retardation, or while receiving services in another home and community based waiver program shall not be eligible to receive acquired brain injury waiver services.

#### 2. General Financial Eligibility Requirements

- (a) Individuals who are already Medicaid eligible and have a current Medicaid identification card would meet the financial eligibility requirements for the ABI Waiver Program.
- (b) Individuals whose income does not exceed 300% of the SSI payment standard may be financially eligible.
- (c) The Medicaid resource limits that are applicable to covered Medicaid recipients residing in nursing facilities are also applicable to ABI waiver recipients.

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- (d) The spousal impoverishment rules that apply to nursing facility residents also apply to ABI waiver recipients.
- 3. Treatment of Income and Resources of Target Population

Individuals served under this waiver shall be categorically needy, eligible under the special income level group as specified in 42 CFR 435.217, or medically needy.

The financial eligibility determinations for the special income provision shall be made in the same manner as determinations are made for NF, ICF/MR/DD and all homeand community-based waiver programs.

Institutional deeming rules used for nursing facilities shall be applied to acquired brain injury waiver recipients. Waiver recipients shall be allowed to retain from their own income for their basic maintenance needs, an amount equal to the Supplemental Security Income (SSI) basic benefit rate plus the SSI general disregard amount. This allowable maintenance amount shall change if the SSI benefit rate or standard deduction amount changes. The patient liability for the month of admission to the waiver will be zero, unless the individual is transferring from another home- and community-based waiver program or a nursing facility.

If there is a community spouse and only one member of the couple is in the waiver program, only the income of the waiver recipient shall be used to determine Medicaid eligibility. Resources shall be considered in accordance with the spousal impoverishment provision.

If a recipient is being considered for eligibility based upon the special income criteria, the ABI waiver services provider shall follow the usual procedures for admission to the ABI Waiver Program.

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### SECTION III - OVERVIEW OF THE ACQUIRED BRAIN INJURY (ABI) WAIVER PROGRAM

In order to ensure service coverage, the recipient, a family member, or his legal representative or other responsible party shall be advised of the need to make application at the local Department for Community Based Services (DCBS) office. They should inform the local DCBS office that they are applying for eligibility under the special income category of the Acquired Brain Injury Waiver Program.

**NOTE:** The recipient, family member, his legal representative or other responsible party shall be advised of the importance of contacting the local DCBS office in the following situations:

- (a) The recipient's Medicaid eligibility is based upon a current nursing home stay;
- (b) The recipient's eligibility is based upon participation in another home- and community-based waiver program;
- (c) The recipient's Medicaid eligibility is based upon the "Spend-Down" category of eligibility;
- (d) If an individual is not currently receiving Medicaid benefits; or
- (e) If there is a change in the individual's situation that may affect his eligibility.

The individual or his legal representative shall notify the local DCBS office of admission to the Acquired Brain Injury Waiver Program, so that DCBS can determine if a further application for Medicaid eligibility under the special income provision of the ABI Waiver Program is required.

4. Recipient's Continuing Income Liability

If it is determined by the DCBS office that a recipient has a

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continuing income liability, this amount shall be paid to the designated provider by the recipient or responsible party and shall be deducted monthly from the ABI Waiver Program payments to the provider. Notification of the amount of the continuing income shall be forwarded to the designated provider on a MAP-552 form. It is the responsibility of the provider agency to collect this money from the recipient. The identification of the provider agency responsible for collecting the individual's available continuing income, as indicated on the MAP 552, shall be based on the highest monthly cost of service delivery.

5. General Outline of Waiver Eligibility Determination

It is recognized that there may be situations in which:

- (a) The recipient and family shall not wish to consider the ABI waiver services; or
- (b) ABI waiver services clearly would not be an alternative for consideration.

If the individual chooses to consider the ABI Waiver Program option, a referral shall be made to the case management agency of the individual's choice.

Inquiries pertaining to the need for services may be received by a variety of State and other agencies. If it appears that the individual, his family or his responsible party are interested in receiving ABI waiver services, a referral should be made to a Medicaid participating ABI waiver program case management agency.

The ABI case management agency may receive referrals from any source, including the individual and his family. Prior to the level of care determination, subsequent assessment and the plan of care process, the individual's attending physician shall be contacted to obtain his recommendation

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and certification using the MAP-4099 form.

Eligible recipients and Medicaid applicants with acquired brain injuries shall be informed of:

- (a) The availability of ABI Waiver Program as an alternative to the nursing facility, nursing facility/brain injury programs;
- (b) The scope of the ABI Waiver Program and the individual's and his informal caregivers' responsibilities if he chooses to enroll (MAP 4096); and
- (c) The services available to assist and prepare him for his re-entry into the community.

To be eligible for participation in the ABI Waiver Program, the individual must meet the level of care criteria for nursing facility services and the following conditions:

- (a) Have a primary diagnosis that indicates an acquired brain injury with structural, non-degenerative brain damage and be medically stable;
- (b) Exhibit cognitive, behavioral, motor or sensory damage with a potential for rehabilitation and retraining;
- (c) Have a rating of at least four (4) on the Rancho Los Amigos Level of Cognitive Function Scale (Refer to Appendix III);
- (d) Is realistically expected, upon discharge from the ABI Waiver Services Program, to remain in the community setting with existing community resources; and
- (e) Be determined that the provision of ABI waiver

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services is cost-effective compared to appropriate nursing facility and nursing facility/brain injury services.

Injuries within the scope of benefits may include:

- (a) Central nervous system injury from a physical trauma;
- (b) Central nervous system damage from anoxia or hypoxic episode; or
- (c) Central nervous system damage from an allergic condition, toxic substance or another acute medical incident.

The following list includes, but is not limited to, conditions which shall not be considered brain injuries requiring specialized rehabilitation under this waiver program:

- (a) Strokes treatable in a nursing facility that provides routine rehabilitation services;
- (b) Spinal cord injuries in which there are no known or obvious injuries to the intercranial central nervous system;
- (c) Progressive dementia and other mentally impairing conditions of a chronic degenerative nature such as senile dementia, organic brain disorders, Alzheimer's Disease, alcoholism or other addictions;
- (d) Depression and psychiatric disorders in which there is no known or obvious central nervous system damage;
- (e) Mental retardation without an etiology to the acquired brain injury;
- (f) Birth defect related disorders; and

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(g) Conditions which cause the individual to pose a level of dangerous or aggressive behavior which cannot be managed and treated in the community.

The basis of the determination for eligibility in the ABI waiver program is:

- (a) The presenting problem(s);
- (b) The plan of care goals and expected benefits of the admission and the expected outcome of re-entry into the community within a reasonable period of time, taking into consideration an average length of stay of 358 days;
- (c) The services required; and
- (d) The cost-effectiveness as an alternative to nursing facility and nursing facility/brain injury services.

A level of care determination shall be made for all recipients who wish to consider acquired brain injury waiver services and who may be eligible for nursing facility services. In all instances, the Peer Review Organization (PRO) shall make the nursing facility level of care determination in accordance with CFR 440.40 and 440.150.

Those individuals who may be eligible and wish to consider ABI waiver services shall select a participating ABI case management waiver agency. The case management agency shall gather the information necessary for the PRO to determine individual's eligibility for ABI waiver services.

The determination for ABI waiver service eligibility shall be made by the PRO.

For hospital inpatients with a diagnosis of acquired brain

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injury and whose care needs indicate that NF services may be required, hospitals are requested to refer them to an ABI case management agency or the Brain Injury Services Unit, within the Department for Mental Health and Mental Retardation.

It shall be the NF's responsibility to ensure that all recipients with an acquired brain injury are informed of the availability of ABI waiver services as an alternative to institutionalization, prior to admission to the NF.

In accordance with Section 1902 (a) (3) of the Social Security Act, and the administrative hearing process described in 42 CFR Part 431, Subpart E, individuals who have been denied benefits or who have not been given the choice of ABI services as an alternative to NF services shall be granted an opportunity for a fair hearing in accordance with KRS 13B, 907 KAR 1:563.

### ACQUIRED BRAIN INJURY SERVICES AND REIMBURSEMENT PROGRAM MANUAL

#### SECTION IV - CONDITIONS FOR PARTICIPATION

#### SECTION IV - CONDITIONS FOR PARTICIPATION

#### A. Participation Overview

Services shall be furnished by a Medicaid participating ABI waiver services provider agency. An individual shall not be enrolled with a participating provider agency which cannot provide or arrange for the individual's required services. Contractual arrangements made by a participating provider agency shall be in writing and shall stipulate that payment by the Department shall constitute reimbursement in full and shall relieve the Medicaid Program and the recipient of further liability.

#### B. Out-of-State Providers

Out-of-state providers with a Kentucky Certificate of Need and certified to provide services to Medicaid Program recipients | residing in Kentucky shall complete the same participation agreement forms required for in-state providers.

#### C. Acquired Brain Injury Waiver Provider Agency Qualifications

All participating acquired brain injury services provider agencies shall:

- (a) Meet the conditions for participation in the Acquired Brain Injury (ABI) Waiver Program;
- (b) Be Medicaid certified;
- (c) Be subject to the financial sanctions as established in 907 KAR 1:671; and
- (d) Have written policies and procedures that comply with the conditions for participation established in this manual.

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- (e) Meet the applicable certification requirements for providing home- and community-based waiver services in accordance with 907 KAR 1:671, 907 KAR 1:672, KRS 205.8477 and 42 CFR 455 Subpart B.
- (f) Be a legally constituted entity in the state of Kentucky, with a constitution and by-laws and shall have documenting evidence of its operating authority; i.e., the administrative framework of the governmental department of which it is a component; a private agency shall have a charter or articles of incorporation, constitution and by-laws.
  - 1. The governing body shall delegate to the Executive Director the authority and responsibility for the management of agency affairs in accordance with written policies and procedures.
  - 2. The Executive Director shall be qualified by training and experience with a minimum of a Bachelor's degree in Administration or human services and a minimum of one year experience working in an organization serving people with disabilities.
  - In accordance with the policies and procedures established by the governing body, the Executive Director shall be responsible to the governing body for the overall operation of the organization, including the control, utilization, and conservation of its physical and financial assets and the recruitment and direction of staff.
- D. Ineligibility for ABI Waiver Provider Participation

A provider agency that has been terminated from another Medicaid Program is not eligible for participation in the ABI Waiver Program in accordance with 907 KAR 1:671 and 907 KAR 1:672.

E. Termination of ABI Waiver Provider Agency Participation

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A provider agency's participation may be terminated by either the provider or the Department for Medicaid Services for cause or without cause in accordance with 907 KAR 1:671 and 907 KAR 1:672.

#### F. Record Requirements

The participating provider agency shall be required to maintain for each recipient, a clinical record which covers the services provided directly and through arrangements with other agencies. The clinical record shall contain pertinent past and current medical, nursing, social, and other information including the comprehensive assessment and the plan of care.

Staff notes based on the individual's approved plan of care shall be required for each time a service is rendered. In addition, time and attendance logs indicating beginning and ending times each time a service is provided shall be documented including the signature and title of the person providing the service.

These records shall be kept in a central file, one location for each provider number.

All participating provider agencies and their contractors and sub-contractors shall be required to comply with 907 KAR 1:671, 907 KAR 1:672, and 907 KAR 1:673.

Providers shall maintain the records necessary to fully disclose the extent of the service provided. These records shall be maintained for a period of not less than five (5) years from the date of service and for any additional time as may be necessary in the event of an audit exception or other dispute.

Providers shall furnish to the Department or its authorized representative, as requested, information regarding any claims for services provided under the Medicaid Program. Providers shall open records for review or copying by duly authorized representatives of the Cabinet for Health Services or the Health Care Financing Administration (HCFA) for the purpose of the audit

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of services for which program payment has been made and the monitoring of the health, welfare, and safety of an individual.

- G. General Service Provider Qualifications and Requirements
  - 1. An ABI waiver provider agency shall conduct a thorough and complete check on any potential employee. Prior to employing a person to provide ABI waiver services, the ABI waiver provider agency shall check all information supplied on a potential employee's application.
  - 2. As indicated below, all professional and paraprofessional service providers who provide on-going direct services shall not have a criminal record nor a history of perpetrating fraud, abuse, neglect or exploitation.

Criminal records shall include:

- (a) Convictions or pleas of guilty to a felony or misdemeanor offense related to theft, fraud or abuse;
- (b) Abuse or sale of illegal drugs;
- (c) Abuse, neglect or exploitation of a person; or
- (d) A sexual or other violent crime.

Prior to employment, agencies that provide ABI waiver services shall request and receive conviction information, from the Kentucky Justice Cabinet and any other appropriate in-state and out-of-state agency, for any potential employee or contractor who shall provide on-going direct services. The request to the Kentucky Justice Cabinet is made using the Request for KSP Convictions Data Only/Employment Form. (Refer to Appendix IX)

3. All professional and paraprofessional direct service staff shall be CPR certified.

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All professional and paraprofessional direct service staff shall be free of communicable diseases and the provider | shall present documentation that staff have received tuberculosis screening.

- 4. Provider Agencies shall conduct periodic and regularly scheduled supervisory visits of all professional and paraprofessional direct service staff at the service site in accordance with their written policies and procedures. Additional supervisory visits shall be conducted as necessary in order to ensure that high quality, appropriate services are provided to ABI waiver individuals.
- 5. The sixteen (16) hour orientation and training requirement as specified in the personnel qualifications of each service shall be completed prior to the provision of any direct service.
- H. Licensed, Certified or Degreed Professional Staff Qualifications
  - 1. Unless otherwise specified, to be qualified to provide services under the ABI Waiver Program all licensed, certified or degreed professional staff shall, within the prior (5) years, have two thousand (2000) hours of experience in serving persons with a primary diagnosis of brain injury. This experience shall be in:
    - (a) Primary, direct assessment or treatment of individuals with brain injury; or
    - (b) Administrative responsibilities for an organized brain injury program.
  - Successful completion of a sixteen (16) hour approved brain injury orientation and training program for professional staff may be substituted for the required experience. All professional staff shall be required to complete six (6) hours

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of continuing education in brain injury annually.

#### I. Crisis Prevention and Response Plan

- 1. A Crisis Prevention and Response Plan which addresses any potential crisis situation which may impact on the health, welfare, or safety of a participant shall be developed by the case manager in cooperation with residential and other service providers within thirty (30)days of admission.
- 2. The case manager shall disseminate the Crisis Prevention and Response Plan to all program area sites where a participant will be receiving supports. The plan shall be easily accessed and available to all staff working with a participant.

#### J. Incident Reporting

- (1) An incident shall be documented on the incident report form contained in Appendix X.
- (2) Following are incident classifications and reporting requirements:
- (a) A class I incident shall:
- 1. Be minor in nature;
- 2. Not require an investigation by the provider agency;
- 3. Be reported to the case manager within twenty-four (24) hours; and
- 4. Be retained on file at the provider, as well as case management, agency;
- (b) A class II incident shall:
- Be serious in nature including:
- a. Personal injury or illness of an ABI recipient or ABI service provider staff person which requires emergency treatment or admission to a hospital or other treatment facility;
- b. A medication error requiring medical attention;
- c. A criminal act; or
- d. Significant property damage;
- 2. Require an investigation initiated by the provider agency within twenty-four (24) hours of discovery and shall involve the case manager;

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- 3. Be reported to the following by the provider agency:
- a. The case manager within twenty-four (24) hours of discovery;
- b. The guardian within twenty-four (24) hours of discovery, followed by a complete written report within ten (10) calendars days; and
- c. The Department for Mental Health and Mental Retardation's (DMHMR's), Division of Mental Health, Brain Injury Services Unit, within twenty-four (24) hours of discovery, followed by a complete written report within ten (10) calendar days;
- (c) A class III incident shall:
- 1. Be grave in nature including:
- a. Death;
- b. An event made controversial due to media exposure, even if unrelated to a specific incident; or
- c. Suspected or actual abuse, neglect, or exploitation;
- 2. Be immediately investigated by the provider agency, and the investigation shall involve the case manager; and
- 3. Be reported to the following by the provider agency:
- a. The case manager within eight (8) hours of discovery,
- b. The Cabinet for Health Services, Department for Community Based Services (DCBS) within eight (8) hours of discovery;
- c. The guardian within eight (8) hours of discovery, followed by a complete written report within seven (7) calendar days;
- d. The Department for Mental Health and Mental Retardation's (DMHMR's), Division of Mental Health, Brain Injury Services Unit within eight (8) hours of discovery, followed by a complete written report within seven (7) calendar days of discovery.

#### K. Behavioral Programming and Support

- The provider shall have written policies and procedures which define the behavior support techniques and procedures which may be used, including the hierarchy of interventions ranging from least to most restrictive.
- 2. The provider's written policy, procedures, and records shall emphasize and reflect the use of positive approaches and behavioral supports.

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- The use of the following shall be prohibited:
  - a. Corporal punishment: the application of painful stimuli to the body as a penalty for certain behavior, includes, but is not limited to, forced physical activity or exercise, hitting, pinching, the use of electrical shock or other infliction of pain, whether or not applied as a part of a systematic behavior support program;
  - b. Seclusion: the placement of an individual alone or in a room or other area from which exit is prevented. This does not include placement in an appropriately equipped, safe timeout area for brief, programmed time segments, as part of a behavior intervention program that meets all applicable standards and has been approved by the individual, the individual's guardian,; the behavior intervention committee, and the human rights committee
  - Verbal abuse: screaming, swearing, name-calling, or other verbal activity that may cause damage to an individual's self respect, or may reduce the individual's dignity when overheard or observed by others;
  - d. Any procedure which denies requisite sleep, shelter, bedding, food, drink, or use of bathroom facilities.
- Highly restrictive procedures (i.e., any enclosed space used for time-out, physical restraints and drugs for behavioral support) are defined as follows:
  - a. Any enclosed area used for time-out is an area in which the individual is placed contingent upon the exhibition of a maladaptive behavior, in which reinforcement is not available, and from which exit is denied until appropriate until a predetermined, approved criterion is met. This may only be consistently used when the individual's behavior is known to respond to the time-out and that the procedure is rapidly reducing the behavior addressed.

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- b. Physical restraint refers to manual methods or mechanical devices that are intended to restrict the movement or normal functioning of a portion of the individual's body. Examples of manual methods include "therapeutic" or "basket" holds, and prone or supine containment. Examples of mechanical devises include arm splints, posey mitts, and straight jackets. Excluded are physical guidance and prompting techniques of brief duration and mechanical supports to position or support the individual; or
- c. Drugs to support behavior refers to medication prescribed and administered for the purpose of modifying the maladaptive behavior of an individual other than those prescribed for mental illness. Examples include antidepressants, stimulants, and major and minor tranquilizers.
- 5. Highly restrictive procedures shall be used only when the following conditions are met:
  - a. The individual's team, including a behavior specialist, the individual, their legal representative or advocate as appropriate, and the Human Rights Committee concur that the use of highly restrictive intervention is required and that to allow the persistent and intractable behavior to continue would cause harm to the individual or others.
  - b. The team shall weigh the risks of the behavior against the risks of the intervention and there shall be documentation that systematic efforts to replace the behavior with an adaptive skill have been included as a part of the behavior intervention plan.
  - There shall be documentation that less restrictive procedures have been considered and found to be ineffective. There also shall be documented informed consent from the individual or his legal representative;
  - d. An individualized written plan for behavioral support, based on a functional analysis of the behavior, has been developed by the individual's Interdisciplinary Team and approved by the Human Right's Committee and Behavior Intervention

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Committee prior to implementation. The plan must be reviewed at least every 6 months by those committees.

- e. When drugs, which are not necessary for treatment of a mental illness are used to manage maladaptive behavior, there shall be a plan for drug reduction or documentation that a drug reduction plan has been implemented and proven ineffective. The individual's physician shall approve the drug reduction plan or provide documentation that the medication cannot be reduced.
- f. In case of emergency, physical restraints and removal from the environment may be used, but only to prevent harm or major damage to the environment. These may be used no more than three (3) times over a six (6) month period without the team meeting to review or perform a functional analysis and develop an effective behavior plan.

#### L. Safety

- 1. The provider shall ensure that an individual served is safe.
- 2. The provider shall:
  - a. Follow written policies and procedures which address maintenance of sanitary conditions for individuals;
  - b. Have and follow a plan for meeting emergencies and disasters such as fire, severe weather and missing persons;
  - c. Include in the emergency plan, instructions for notification procedures and the use of alarm and signal systems to alert an individual who cannot hear:
  - d. Include in the plan that evacuation drills be conducted and documented at least quarterly and scheduled at different times when an individual is asleep;
  - e. Evaluate the results of the drills and change the plan to accommodate an individual who is unable to achieve the plan

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schedule;

- f. Assure that the nutritional needs of an individual are met in accordance with the current recommended dietary allowance of Food and Nutrition Board of the National Research Council or as otherwise specified by a physician;
- g. Assure that all staff administering medication have specific training and documented competency demonstrated on cause and effect of that medication and proper administration and storage;
- Document all medication that is administered, including overthe-counter drugs, on a medication log, with the date, time and initials of the person who administered the medication (this includes medications that are self-administered);
- i. Assure that all medications which accompany an individual to a program site other than his living arrangement are carried in proper container labeled with medication and dosage. (Note: At the time of filling the prescription, the provider may request a duplicate label and container);
- j. Assure that when medication is discontinued, the date of discontinuance and the name of the attending physician are written on the medication administration form and that section is lined through;
- k. Follow written policies and procedures for proper disposal of medications; and
- Assure that all medications are kept in a locked container.
   This includes over-the-counter drugs and vitamins as well as prescription drugs.
- m. The residence operated by the provider shall:
  - 1. Be equipped with smoke detectors in working order, placed

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in strategic locations.

- 2. Be equipped with at least two fire extinguishers (one which is capable of extinguishing a grease fire) that are at or above the rating of the 1A10BC type placed in strategic locations;
- 3. Have separate sleeping rooms for persons of the opposite sex (except spouses) or for persons placed in undue physical danger due to the relative size and strength of another individual;
- 4. Have a separate bed for each individual which is equipped with substantial springs, a clean comfortable mattress, and clean bed- linens (individuals who are married may choose to share a bed).
- The water temperature from all faucets will not exceed 110 degrees Fahrenheit.
- M. Provider Agency Qualifications, Personnel Qualifications, and Service Definition

#### 1. Case Management

(a) Provider Agency Qualifications

A participating case management (CM) agency shall be a legally constituted entity in the Commonwealth of Kentucky and shall have documenting evidence of its operating authority; i.e., the administrative framework of the governmental department of which it is a component; a private agency shall have a charter or articles of incorporation, constitution and by-laws. The agency shall have written policies and procedures that comply with the conditions for participation in the ABI Waiver Program as established in this Manual.

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All participating case management agencies shall meet all applicable Federal, State and local rules, laws, regulations, requirements, and shall be Medicaid-certified for participation in the ABI Waiver Program.

All agencies that provide case management services shall be under the supervision of a certified case manager (CCM), certified disability management specialist (CDMS), certified rehabilitation registered nurse (CRRN), or a certified life care planner. The CCM, CDMS, CRRN, or certified life care planner shall be an employee of the agency or under contract.

Compliance with the conditions for participation for case management services shall be monitored and verified by annual on-site surveys.

#### (b) Personnel Qualifications

Case management waiver services shall be provided by licensed personnel or by persons with at least a Bachelor's degree in human services. These individuals may include:

- (1) Registered Nurses (RNs) and Licensed Practical Nurses (LPNs) licensed in the State of Kentucky by the Kentucky Board of Nursing:
- (2) Persons with a Bachelor's or Master's degree who meet all requirements applicable to their particular field.

Persons referenced in item (2) above may include | individuals with degrees in psychology, sociology, social work, special education, rehabilitation | counseling, occupation therapy, physical therapy and

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the case manager shall include a preliminary transition plan and the anticipated outcome of services. The purpose is to provide necessary information to consider in planning for re-entry to the community with the availability of services in the community and to establish criteria for discharge from the ABI Waiver program.

The Transition Plan shall include, at a minimum:

- (a) The skills or supports the individual will have gained from ABI Waiver services upon transition from the program;
- (b) A listing of the on-going formal and in-formal community supports the individual will have available upon transition from the ABI Waiver Program; and
- (c) A listing of additional resources that will be needed once ABI Waiver services end.

Case management services include:

- (1) On-going monitoring;
- (2) Review of the provision of services in the individual's plan of care as dictated by the individual's health status and care needs; and
- (3) Submission of an updated plan of care to the Department or its designated agent at least every six (6) months.

The case manager shall have a total caseload of no more than forty (40) individuals, irrespective of the payor source, and shall not be a provider of other

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direct services. The case manager shall be an employee of a participating ABI waiver program agency. The participating ABI waiver program agency shall be responsible for supervising case managers, assuring twenty-four (24) hour availability of necessary services and ensuring that the individual's health, welfare and safety needs are met.

Making use of functional assessments, the case manager shall be responsible for:

- (1) The overall development of the individual's plan of care in cooperation with the interdisciplinary team, the individual, family members, his legal representative and other persons selected by the individual;
- representative or advocate, as appropriate, written information describing the services of all available providers in the individual's service area and ensuring that all questions related to service options are addressed;
- (3) Maintaining written documentation, signed by the individual or legal representative, of any change to the selection of providers and of the reason for the change;
- (4) Ensuring that the individual exercises his freedom of choice;
- (5) Maintaining proper documentation and ensuring that interdisciplinary team members receive copies of all relevant documentation; and
- (6) Meeting with the individual face-to-face every

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two (2) weeks. Face-to-face meetings shall include at least one (1) visit each quarter in the individual's own home. For individuals who do not live with family or in their own home, monthly visits shall be required with the individual in his place of residence;

- (7) Providing monthly caseload reports to the department; and
- (8) The individual's transition plan.

#### 2. Personal Care (PC) Services

(a) Provider Agency Qualifications

Participating provider agencies for personal care services shall be licensed and Medicaid-certified.

(b) Personnel Qualifications

Persons who provide personal care services shall:

- (1) Have a high school diploma or GED;
- (2) Be CPR certified;
- (3) Be free from communicable diseases;
- (4) Have no criminal record as defined in Subsection G of this Section;
- (5) Have no history of perpetrating fraud, abuse, neglect or exploitation; and
- (6) Have successfully completed a formalized training program such as the Nursing Facility Nurse Aide Training or Home Health Aide

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Training Program or have experience of at least two years, full-time, in the provision of services in home health, long term care, acute care hospital or rehabilitation hospital.

The personal care provider agency shall check the Nurse Aide Abuse and Neglect Registry maintained by the Office of the Inspector General, Division of Licensing and Regulation, and any other applicable registry to determine if the individual has any history of perpetrating abuse or neglect. NOTE: Only certified nurse aides employed or previously employed in nursing facilities may be on the Nurse Aide Abuse and Neglect Registry.

The personal care provider agency shall ensure that the personal care provider is properly trained and capable of meeting the needs of the individual.

In addition, prior to the provision of direct services, personal care providers shall successfully complete a sixteen (16) hour brain injury orientation and training curriculum approved by the Kentucky Medicaid Program. They shall also complete six (6) hours of continuing education in brain injury annually.

#### (c) Service Definition

This service shall include the retraining of the individual by the personal care provider in the performance of the individual's activities of daily living. The purpose is to further assist the individual to function as independently as possible by using repetitive, consistent and on-going instruction and guidance. PC services which are essential to the health and welfare of the individual may include assistance and instruction with:

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- (1) Eating, bathing, dressing, personal hygiene, and activities of daily living;
- (2) Preparation of meals, but not to include the cost of the meals themselves; and
- (3) Housekeeping chores such as bed-making, dusting and vacuuming.

#### 3. Respite Care

(a) Provider Agency Qualifications

Participating provider agencies for respite care shall be Medicaid-certified.

(b) Personnel Qualifications

Persons who provide respite care shall be required to:

- (1) Have a high school diploma or GED;
- (2) Be CPR certified;
- (3) Be free from communicable diseases;
- (4) Have no criminal record as defined in Subsection G of this Section;
- (5) Have no history of perpetrating fraud, abuse, neglect or exploitation; and
- (6) Have successfully completed a formalized training program, such as the Nursing Facility Nurse Aide Training or Home Health Aide Training Program, or have experience of at least two (2) years, full-time, in the provision of services in home health, long term care, acute

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care hospital or rehabilitation hospital.

The provider agency shall check the Nurse Aide Abuse and Neglect Registry maintained by the Office of the Inspector General, Division of Licensing and Regulation and any other applicable registry to determine if the individual has any history of perpetrating abuse or neglect. NOTE: Only certified nurse aides employed or previously employed in nursing facilities may be on the Nurse Aide Abuse and Neglect Registry.

The provider agency shall ensure that the respite care provider is properly trained and capable of meeting the needs of the individual.

In addition, prior to the provision of direct services, respite care providers shall successfully complete a sixteen (16) hour brain injury orientation and training curriculum approved by the Kentucky Medicaid Program. They shall also complete six (6) hours of continuing education in brain injury annually.

#### (c) Service Definition

Respite care is a service provided to individuals unable to care for themselves. It is provided on a short-term basis because of the absence or need for relief of those persons normally providing on-going care.

Respite care may be provided in the individual's own home; in a residence or setting approved by the provider agency for example, in the respite care provider's home; or in a nursing facility. Payment for respite care in other than a nursing facility shall not include the cost of room and board.

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Respite care shall be available only to individuals living at home with family, or with other unpaid caregivers who need relief. Respite care shall be limited to no more than 168 hours in a six (6) month period. An exception to this limitation may be granted only when the primary caregiver's ability to care for the individual is compromised by death in the family, serious illness or hospitalization.

### 4. Companion Services

(a) Provider Agency Qualifications

Participating provider agencies for companion services shall be Medicaid-certified.

(b) Personnel Qualifications

Persons who provide companion services shall be required to:

- (1) Have a high school diploma or GED;
- (2) Be CPR certified;
- (3) Be free from communicable diseases;
- (4) Have no criminal record as defined in Subsection G of this Section;
- (5) Have no history of perpetrating fraud, abuse, neglect or exploitation; and
- (6) Have successfully completed a formalized training program, such as the Nursing Facility Nurse Aide Training or Home Health Aide Training Program, or have experience of at

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least two years, full-time, in the provision of home health, long term care, acute care hospital or rehabilitation hospital.

The provider agency shall check the Nurse Ade Abuse and Neglect Registry maintained by the Office of the Inspector General, Division of Licensing and Regulation, and any other applicable registry to determine if the individual has any history of perpetrating abuse or neglect. NOTE: Only certified nurse aides employed or previously employed in nursing facilities may be on the Nurse Aide Abuse and Neglect Registry.

The provider agency shall ensure that the companion service provider is properly trained and capable of meeting the needs of the individual being served.

In addition, prior to the provision of direct services, companion service providers shall successfully complete a sixteen (16) hour brain injury orientation and training curriculum approved by the Kentucky Medicaid Program. They shall also complete six (6) hours of continuing education in brain injury annually.

#### (c) Service Definition

Companion services include non-medical services, supervision and socialization provided to a functionally impaired adult. A companion may assist the individual with such tasks as meal preparation, laundry and shopping, but does not perform these activities as discrete services. The provision of companion services does not usually entail hands-on medical care. A companion may also perform light housekeeping tasks which are incidental to the care and supervision of the individual. These services are provided in accordance with a therapeutic goal in the

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approved plan of care, and are not merely diversional in nature. They are necessary to prevent institutionalization and assist the individual in his rehabilitation and re-entry into the community.

Providers of companion services shall also, when necessary, accompany and assist the individual when utilizing assisted transportation services.

### 5. Structured Day Program Services

### (a) Provider Agency Qualifications

Participating provider agencies of Structured Day Program (SDP) services shall be licensed as adult day health care centers, outpatient rehabilitation facilities or shall be Medicaid Certified and meet all additional requirements applicable to the ABI Waiver Program as specified in this Manual.

Compliance with Medicaid SDP Conditions for Participation shall be monitored by annual on-site reviews. The individual's outcomes in response to his individualized service plans in the approved plan of care shall be utilized as one aspect of the assessment of the program compliance with conditions for participation in the Medicaid ABI Waiver Program.

The staffing ratio for the Structured Day Program shall not exceed five (5) individuals to one(1) staff person.

#### (b) Personnel Qualifications

Persons who provide Structured Day Program services shall be required to:

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- (1) Have a high school diploma or GED;
- (2) Be CPR certified;
- (3) Be free from communicable diseases;
- (4) Have no past criminal record as defined in Subsection G of this Section; and
- (5) Have no history of perpetrating fraud, abuse, neglect or exploitation.

The provider agency shall check the Nurse Aide Abuse and Neglect Registry maintained by the Office of the Inspector General, Division of Licensing and Regulation, and any other applicable registry to determine if the individual has any history of perpetrating abuse or neglect. **NOTE**: Only certified nurse aides employed or previously employed in nursing facilities may be on the Nurse Aide Abuse and Neglect Registry.

The provider agency shall ensure that all staff are properly trained and capable of meeting the needs of the individuals being served.

For any service provided through contractual arrangement, the SDP provider agency shall ensure that the contractor meets all direct service provider requirements.

Prior to the provision of direct services, staff providing or supervising Structured Day Program services for ABI waiver individuals shall successfully complete the sixteen (16) hour brain injury orientation and training curriculum approved by the Kentucky Medical Program. They shall also complete six (6) hours of continuing education in brain injury annually.

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### (c) Service Definition

The Structured Day Program is the provision of services directed at the development improvement of community living skills. The service takes place in a non-residential setting separate from the home in which the individual lives. This service includes supervision and specific training to allow the individual to achieve his maximum potential in order to reintegrate into the community. SDP services may include social skills training. sensory/motor development, reduction/elimination of maladaptive behavior and prevocational services. Services aimed at preparing the individual for re-entry into the community include teaching concepts and skills for independence such as:

- (1) Following directions;
- (2) Attendance;
- (3) Task completion;
- (4) Problem solving;
- (5) Safety;
- (6) Social appropriateness; and
- (7) Money management.

Structured Day Program services shall be coordinated with any physical, occupational, speech or other rehabilitation therapy in the approved plan of care. This service shall be necessary to prevent institutionalization and to assist the individual in his rehabilitation and re-entry into the community.

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As with all services provided under the ABI Waiver Program, the focus of the Structured Day Program shall be to rehabilitate, retrain and reintegrate the individual into the community.

The Structured Day Program shall provide the individual with an organized framework within which to function in his daily activities. The Structured Day Program shall identify the portions of the following continuum it will address for each individual:

- (1) Personal and living independence;
- (2) Work adjustment and productivity; and
- (3) Psychological and social adjustment.

The Structured Day Program shall demonstrate the implementation of brain-injury-specific approaches that meet the needs of the individual. The program shall be directed toward the development of the individual's optimal level of functioning and community reintegration.

The day program service plan shall be developed in accordance with the individual's overall plan of care and shall reflect the recommendations of the ABI service interdisciplinary team. The case manager shall coordinate with the day program staff on the behalf of the interdisciplinary team. The Structured Day Program services shall be appropriate to the individual's age, level of cognitive and behavioral function and interest. Consideration shall be given to the individual's age, his interest prior to and since his injury, and aptitudes prior to and since his injury. The services shall include one-on-one attention as indicated and necessary.